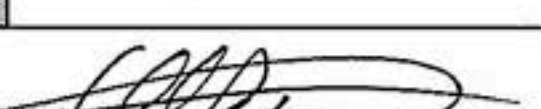
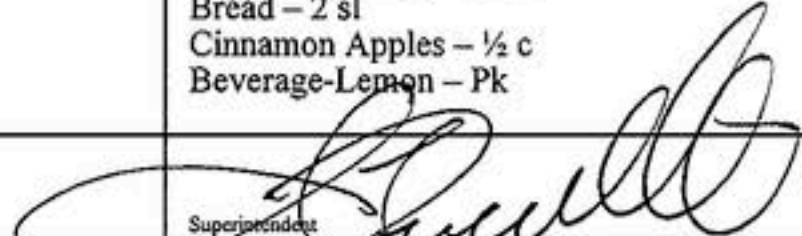


SCI Huntingdon		Population	
BREAKFAST		DINNER	
SUPPER			
M O N D A Y	12/9/24 Fruit - 1 EA Cereal - 1 c Bread - 2 sl Margarine - 2 tsp Milk (D) - 8 oz Coffee-Sugar - 1Pkt/2Pkt	Poultry Tetrizzini (F) - 1 1/2 c or <u>Soy Tetrizzini (AP) - 1 1/2 c</u> Peas - 1/2 c Bread - 2 sl Margarine - 2 tsp Canned Fruit - 1/2 c Beverage-Lemon - Pk	Taco Seasoned Meat (F) - 4 oz or <u>Bean Wrap Filling (AP) - 4 oz</u> Rice - 8 oz Seasoned Beans - 4 oz Lettuce & Onions - 1/2 c Taco Sauce - 2 Pkt Tortilla Shells Hard - 2 ea Fruit - 1 ea Beverage-Tea - Pk
T U E S D A Y	12/10/24 Cinnamon Apples - 1/2 c Oatmeal - 1 c Breakfast Cake - 1 ea Milk (D) - 8 oz Coffee-Sugar - 1Pkt/2Pkt	Hamburger (B) (D) - 4 oz or <u>Soy Burger (AP) - 4 oz</u> Potato Salad (E) - 8 oz Baked Beans - 1/2 c Mustard & Catsup - 1ea Bread - 2 sl Fruit - 1 ea Beverage - Grape - Pk	Poultry Bar-B-Que (F) - 4 oz or <u>Soy Bar-B-Que (AP) - 4 oz</u> Brown Rice - 8 oz Mixed Vegetables - 1/2 c Roll - 1 ea Canned Fruit - 1/2 c Beverage-Orange - Pk
W E D N E S D A Y	12/11/24 Fruit or Fruit Juice - 6oz Grits - 1 c Bread - 2 sl Scrambled Eggs - 1/2 c Margarine - 2 tsp Milk (D) - 8 oz Coffee-Sugar - 1Pkt/2Pkt	Porcupine Meatball (F) - 4oz <u>Soy Porcupine (AP) - 4oz</u> Mashed Potatoes (D) - 1 ea Normandy Blend - 1/2 c Bread - 2 sl Gravy - 1/4 c Canned Fruit - 1/2 c Beverage - Lemon Pk	Macaroni and Cheese (D) 1 1/2 c <u>Pasta Bean Casserole (AP) 1 1/2 c</u> Stewed Tomatoes - 1/2 c Broccoli - 1/2 c Bread - 2 sl Margarine - 2 tsp Fruit - 1 ea Beverage - Tea Pk
T H U R S D A Y	12/12/24 Fruit - 1 ea Cereal - 1 c Bread - 2 sl Margarine - 2 tsp Milk (D) - 8 oz Coffee-Sugar - 1Pkt/2Pkt	Italian Sausage (F) (B) - 4 oz or <u>Bean Paste (AP) - 2/3 c</u> O'Brien Potatoes - 8 oz Corn - 1/2 c Mustard - 2 ea Bread - 2 sl Fruit 1 ea Beverage - Orange - Pk	Chicken Parmesan (D)(F) - 4 oz or <u>Pizza Beans (AP) - 2/3 c</u> Pasta - 8 oz Red Sauce - 1/2 c Green Beans - 1/2 c Bread - 2 sl Gelatin - 1/2 c Beverage-Grape - Pk
F R I D A Y	12/13/24 Fruit - 1 ea Farina - 1 c Breakfast Cake - 1 ea Milk (D) - 8 oz Coffee-Sugar - 1Pkt/2Pkt	Santa Fe Seasoned Fish - 4 oz or <u>Bean Burger (AP) - 4 oz</u> Mexican Rice - 8 oz Cole Slaw Vinaigrette - 1 c Taco Sauce - 2 pkt Soft Tortilla Shells - 2 ea Cake - 1 ea Beverage-Lemon - Pk	Meat Sauce (B) - 6 oz or <u>Soy Pasta Sauce (AP) - 6 oz</u> Pasta - 8 oz Peas and Carrots Blend - 1/2 c Bread - 2 sl Margarine - 2 tsp Canned Fruit - 1/2 c Beverage-Tea - Pk
S A T U R D A Y	12/14/24 Fruit - 1 ea Cereal - 1 c Pancakes - 2ea Syrup - 1oz Margarine - 2 tsp Milk (D) - 8 oz Coffee-Sugar - 1Pkt/2Pkt	Pizza (D)(F) - 1ea or <u>Pizza Beans (AP) - 8 oz</u> Pasta Primavera - 8 oz Bean Salad - 1/2 c Sorbet Cup - 1/2 c Beverage-Grape - Pk	Pork BBQ (P) - 4 oz or <u>Soy BBQ (AP) - 4 oz</u> Brown Rice - 8 oz Greens - 1/2 c Roll - 1 ea Fruit - 1 ea Beverage - Orange - Pk
S U N D A Y	12/15/24 Fruit or Fruit Juice - 6oz Grits - 1 c Bread - 2 sl Hard Cooked Eggs - 2 ea Margarine - 2 tsp Milk (D) - 8 oz Coffee-Sugar - 1Pkt/2Pkt	Country Fried Steak (B) - 4oz or <u>Tofu Oat Burger (AP) - 4oz</u> Whipped Potatoes (D) - 8 oz Carrots - 1/2 c Gravy - 1/4 c Bread - 2sl Pudding - 1/2 c Beverage-Tea - Pk	Chef Salad Toppings (F)(D)(E) - 4 oz or <u>Peanut Butter/Jelly/Bread (AP) 2ea</u> Marinated Pasta Salad - 8 oz Tossed Salad - 1 c French Dressing - 1 Pkt Bread - 2 sl Cinnamon Apples - 1/2 c Beverage-Lemon - Pk
 Food Service Manager		 Superintendent	

(B) BEEF (F) FOWL (P) PORK (AP) ALTERNATE PROTEIN

SCI Huntingdon		Population	
BREAKFAST		DINNER	SUPPER
M O N D A Y	12/16/24 Fruit 1 ea Cereal - 1 c Bread - 2 sl Margarine - 2 tsp Milk (D) - 8 oz Coffee - Sugar - 1Pkt/2Pkt	Grilled Cheese Sandwich(D)- 2ea or <u>Peanut Butter/Jelly/Bread(AP) - 4ea</u> Three Bean Chili - 2/3 c Creamy Coleslaw - 1/2 c Canned Fruit - 1 ea Beverage-Grape-Pk	Poultry Pot Pie w/ Pasta (F) - 1 1/2 c or <u>Pasta &amp; Bean Casserole (AP) - 1 1/2 c</u> Green Beans - 1/2 c Bread - 2 sl Margarine - 2 tsp Fruit - 1/2 c Beverage-Lemon - Pk
T U E S D A Y	12/17/24 Fruit 1 ea Oatmeal - 1 c Breakfast Cake - 1 cut Milk (D) - 8 oz Coffee- Sugar - 1Pkt/2Pkt	Salisbury Steak (B) 4oz <u>Soy Salisbury Steak (AP) 4 oz</u> Whipped Potatoes (D) 8 oz Beets 1/2 c Gravy - 1/4 c Bread 2 sl Margarine - 2tsp Sorbet Cup - 1ee Beverage - Tea - Pk	Chicken Patty (F) - 4 oz or <u>Garden Burger (AP) - 4 oz</u> Brown Rice 8 oz Mixed Vegetables - 1/2 c Ketchup/Mayo - 1 ea Bread - 2 sl Canned Fruit - 1/2 c Beverage-Lemon- Pk
W E D N E S D A Y	12/18/24 Fruit or Fruit Juice-6oz Grits - 1 c Bread-2 sl Scrambled Eggs - 1/2 c Margarine - 2 tsp Milk (D) - 8 oz Coffee - Sugar - 1Pkt/2Pkt	Frankfurters (F)-2 ea or <u>Soy Burger (AP) - 4oz</u> Macaroni Salad - 8 oz Baked Beans - 1/2 c Mustard/Ketchup - 1 ea Bread - 2 sl Fruit 1 ea Beverage - Grape - Pk	Poultry Stir Fry (F) - 8oz or <u>Soy Stir Fry (AP) - 8oz</u> Brown Rice - 8 oz Normandy Blend - 1/2 c Bread - 2 sl Margarine - 2 tsp Pudding - 1/2 c Beverage-Orange -
T H U R S D A Y	12/19/24 Fruit 1 ea Cereal - 1 c Bread-2 sl Margarine - 2 tsp Milk (D) - 8 oz Coffee - Sugar - 1Pkt/2Pkt	Breaded Veal Patty (B) - 4oz or <u>Bean Burger (AP) - 4oz</u> Whipped Potatoes (D) - 8 oz Carrots- 1/2 c Gravy - 1/4 c Bread - 2sl Fruit-1 ea Beverage-Tea- Pk	Pizza (D)(F) - 1 sl or <u>Pizza Beans) - 8 oz</u> Pasta Primavera - 1 c Cole Slaw Vinaigrette - 1/2 c Cookies - 2 ea Beverage-Lemon-Pk
F R I D A Y	12/20/24 Fruit 1 ea Oatmeal - 1 c Breakfast Cake - 1 ea Milk (D) - 8 oz Coffee- Sugar - 1Pkt/2Pkt	Grilled Poultry Pieces (F) - 4oz or <u>Grilled Soy Pieces (AP) -4oz</u> Mexican Rice- 1c Seasoned Beans - 1/2c Lettuce and Onions - 1/2c Taco Sauce - 2ea Soft Tortilla Shell - 2ea Fruit - 1ea Beverage - Grape Pk	Breaded Fish - 4 oz or <u>Pinto Bean Salad (AP) - 2/3 c</u> Scalloped Potatoes (D) - 8 oz Greens - 1/2 c Tartar Sauce - 1Pkt Bread - 2 sl Canned Fruit - 1/2 c Beverage-Orange - Pk
S A T U R D A Y	12/21/24 Fruit 1 ea Cereal - 1 c Pancakes - 2ea Syrup - 1oz Margarine - 2 tsp Milk (D) - 8 oz Coffee-Sugar - 1Pkt/2Pkt	Meat Sauce Casserole (F) - 1 1/2 c or <u>Soy Pasta Casserole (AP) 1 1/2 c</u> Tossed Salad - 1 c Italian Dressing - 1Pkt Bread - 2 sl Margarine - 2 tsp Gelatin - 1/2 c Beverage-Tea - Pk	Poultry Rib-a-Que (F) - 4 oz or <u>Soy Bar-B-Que (AP) - 4 oz</u> Potato Salad- 1 c Peas - 1/2 c BBQ Sauce 1/4 c Bread - 2 sl Brownie 1 ea Beverage-Lemon Pk
S U N D A Y	12/22/24 Fruit or Fruit Juice-6oz Grits - 1 c Bread-2 sl Hard Cooked Eggs - 2 ea Margarine - 2 tsp Milk (D) - 8 oz Coffee- Sugar - 1Pkt/2Pkt	Chicken Leg Quarter-4oz or <u>Bean Burger (AP) - 4oz</u> Stuffing - 1 c Carrots- 1/2 c Gravy - 1/4 c Canned Fruit - 1/2 c Beverage-Orange Pk	Poultry Chili (F) - 6 oz or <u>Bean Chili (AP) - 6 oz</u> Pasta - 8 oz Tossed Salad - 1 c Dressing Pk 1 ea Cornbread (E) - 1 cut Margarine - 2 tsp Fruit - 1ea Beverage-Orange - Pk

Culinary Manager

Supervisor

(B) BEEF (F) FOWL (P) PORK (AP) Alternate Protein